BREAKFAST ssrveountu lua
BREAKFAST BURRITO I 14
Scrambled egss, breakfast potatos, bacon, Jack and cheddar chese blend, Ico de gallo, flour tortilla, salsa roa
BREAKFAST BOWLL 13
Egg any style, breakfast potato
Egc any style, breakfast potatoes, bacon or sausage,
AVOCADO TOASS I 15
Wheat bersy toast, siliced duvecado, Sliced tomato, ruquula,
gooat heess, EVRRTHING BUT THE BAGEL'seasoning
SPA BREAKFAST I 12
Cottage cheeses, san and peepered tomato slices,
OVERNIGHT OATS 14

## SIDES

SIDE OF SAUSAGE 14
SIDE OF BACON 14
EGG ANY STYLE | 2
BREAKFAST POTATOES $\mid 5$
FRUIT CUP $\mid 5$

## STARTERS

BRUSSELS SPROUTS I 14 © © Br
SPINACH ARTICHOKE DIP I 14 © ${ }^{\text {Cl }}$,
Corn tortilla chips, spinach, artichoke, cheese, sour cream, green onion, herbs
HUMMUS DUO I 14 P(1)
KEN NACHOS 122

CHARCUTERIE I 22
POKEI 18 ©
PoKE 18 (ead aded avocado, sushi grade ahi tuna, edamame, jalapeño,
sesame seed diressing

## BOWLS

CHICKEN FARRO BOWL I 21 21
therb grived dhichen, black beans. tomatoes, red onion, bell pepper,
HERB ROASTED CHICKEN PENNE 122 ©

herb roasted chicken breast
ITALIAN SAUSAG PAPPARELLE E 22
Hememade marinara sauce, Parmesan chese, mild Italian sausage,
pappardelle pasta
Homemade merinara
pappardelle easta
SHRIMP ALFREDO I 23
Sauteed Shrimp, alfredo sauce

## SOUPS \& SALADS

Elevate any salad with Avocado Slices $\$ 4$ | Grilled Chicken Breast $\$ 6$ | hilled Blackened Salmon Filet $\$ 8$
NTIL SOUP | 7 Cup | 12 Bowl © 1 (1)
OUP DU JOUR I 7 Cup 12 Bowl
CAPRESE I 18 © 17
Romaine, fresh mozzarella
dive iil, basil
GRECIAN I 19 ©
Romaine, arugula, feta
Romaine, aruyula, feta, gartbanzo beans, pepperoncini, cucumber, red onion,
cherry tomatoes, Kalmata olives, roasted red pepper vinaigrete ASIAN CHICKEN | 20 Romaine, Asian slaw, grilled \&c chilled chicken breast, mandarin oranges,
green onion, almonds, Chinese dressing, crispy wontons
BLACK N' PINK CAESAR $\mid 21$
Romaine chilled
tlackened As
easar dressing *Without Salmon \$16
COBB| 22
Romaine, grilled \& chilled chicken breast, bacon, bleu cheese, egg,
avocado, cherry tomatoes, red onion, bleu cheese dressing

## ARTISANAL PIZZAS

Featuring Glen IVy signature pizza sauce, garlic infused oil Saputo® Gold Mozzarella, and artisanal pizza crust. Saputo Gold Mozzarella, and artisianal pizen
Gluten-free and vegan options available.
PEPPERON I 17
HAWAIIAN | 18
arirarara ham, mozzarella, pineapple, red onion, green onion,
sveet chili saucec
SPINACH AND GOAT CHEESE I 18
CHICKEN PESTO | 19
Pesto, griiled chicken breast, mozzarella, sundried tomatoes,
BBQ | 19
BBQ sauce,
解 sauce, grilled chicken breast, bacon, mozzarella, Havarti chese,
BURGERS, SANDWICHES, TACOS
Served on a potato bun, gluten-free option available.
THE CLASSIC | 23 ,
.
SALMON MELT | 21
Toasted sourrough, He

red jalapeno, house-made mango
GAREN BURGER 19 V®e
Imposible burger,
vegana chese letuce, pickles, red onion, tomato
vegan mayonnaise, vegan
TURKEY CLUB 19
Wheat berry bread, garli
tomato, kette chips
TACOS 18
Corn ortilla, ciliantro, onion, salsa roja, radish, lime, guacamole
Choose 4 from Chicken | Porkk Carnitas | Shrimp | Potato

## DESSERTS

BROWNIE CHEESECAKE 18
STRAWBERRY LAYER CAKE 18
CE CREAM 16 ® $p$,


|  |  |
| :---: | :---: |
|  |  |

